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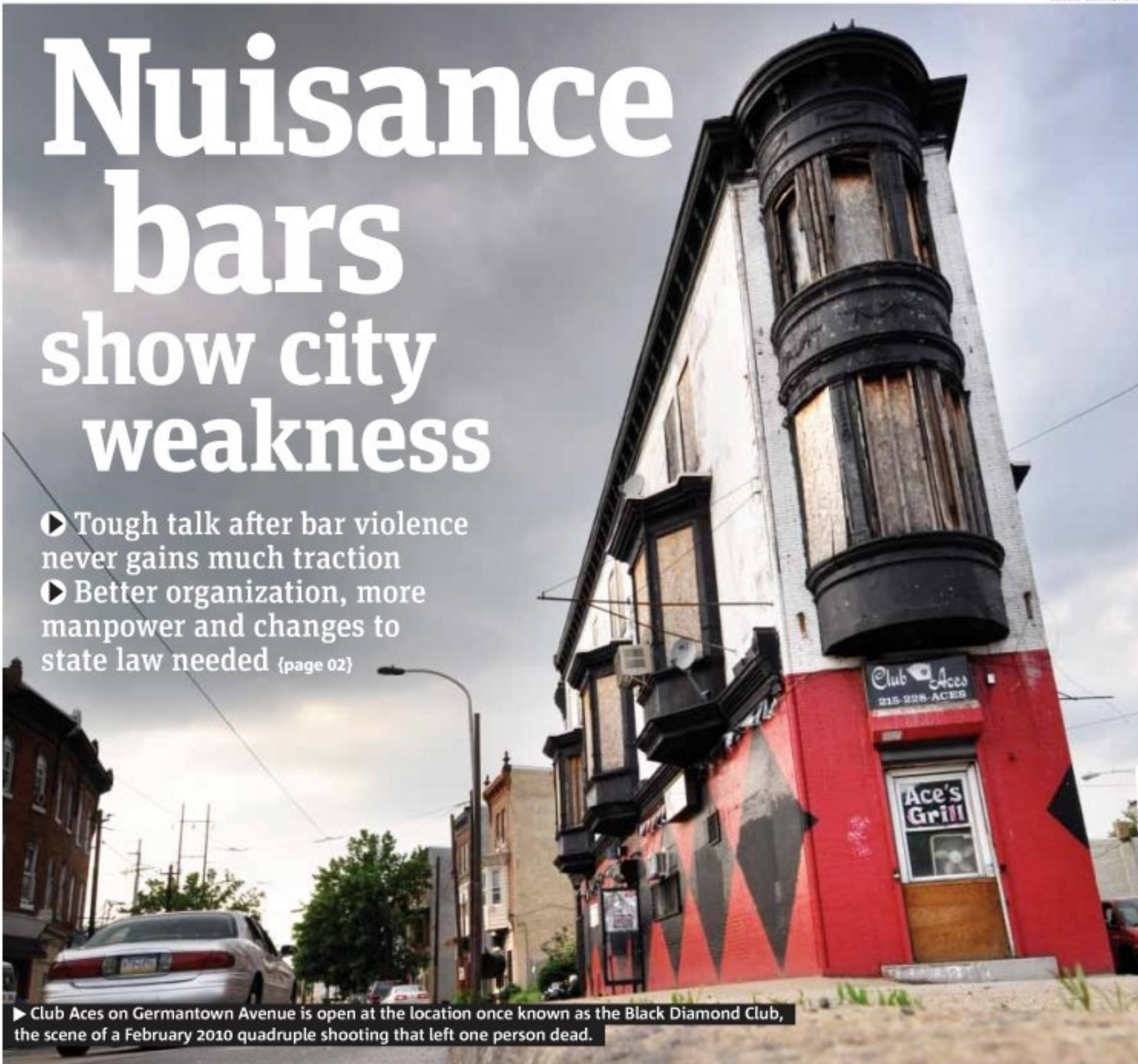
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No Fee Unless You Win!

Nuisance bars show city weakness

- ▶ Tough talk after bar violence never gains much traction
- ▶ Better organization, more manpower and changes to state law needed (page 02)



▶ Club Aces on Germantown Avenue is open at the location once known as the Black Diamond Club, the scene of a February 2010 quadruple shooting that left one person dead.

News

Baidu – it's Chinese for Google

▶ Web search differs around the world ▶ Behind-the-scenes look at firm most assume is run by the Communist Party (pages 08-09)

Flogging or the big house?

Author Peter Moskos makes an unlikely case for offering beatings instead of jail time for criminals (page 13)



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What the financially struggling school district in Medford, N.J., will charge in- and out-of-state student-teachers to work in its classrooms.

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Handcuffed in fight against nuisances

► Tough talk always follows violence at city's troubled bars ► Real action, however, will take better organization and changes to state law, officials say



Flying under the city's radar

There is no central authority responsible for notifying the Public Nuisance Task Force when a shuttered problem establishment reopens, as the Felton Club did following an L&I cease operations order provoked by shootings in December and January.

"Perhaps this is something that will have to be looked at in the future," said Grossman. "But if nothing's legally keeping a bar shut, then it's appropriate to reopen. We're all confined by what the law states." She also noted that she "absolutely" supports House reform efforts.

METRO/AW

The term 'nuisance bar' gets thrown around a lot to describe certain liquor-serving establishments in Philadelphia where violence seems to flow as much as the drinks.

But the city doesn't have any official, cross-departmental list of nuisance bars, and its enforcement unit is limited in manpower. Shutting them down, not coincidentally, isn't easy.

After another example of a bar with a long history of violence, the Felton Club, met tough talk from Mayor Michael Nutter last week, local officials admitted the process for shutting down troubled bars and clubs is mired in red

"We're in the process of creating a better system and better cooperation between departments."

MARK McDONALD, MAYORAL SPOKESMAN WHO ALSO NOTED THE CITY IS WORKING ON "PUTTING TOGETHER A LIST OF VENUES WE NEED TO PAY ATTENTION TO."

Too few personnel to deal

"When someone gets cited now, because of the lack of manpower, it takes longer than anyone would like to get a hearing and get the matter resolved," said

tape and propped up by a patchwork of laws that affords little city authority.

"In order for us to close an establishment, the burden of proof for us locally is pretty high," said Councilwoman Maria Quinones-Sanchez, who represents the 7th District where the Felton Club is located.

The power to permanently close a problem

business lies largely with the state.

"The more complaints there are, whether generated through the community or through police, [the more] we look at the property and consider what actions need to be taken," said Beth Grossman, director of the District Attorney's Public Nuisance Task Force, which has the power to seek a court-ordered shutdown for up to a year.

But the unit's responsibilities far outweigh its manpower: Out of a total staff of 600 employees at the District Attorney's office, eight prosecutors work for the Public Nuisance Task force and only two are dedicated to overseeing nuisance bar issues.



ALEXANDRA
WIGGLESWORTH

In other news

Man critical, shot in head outside of bar

FELTONVILLE. An unknown gunman shot a 26-year-old man in the head outside a Feltonville bar early Sunday morning, police said.

The incident occurred outside Bottoms Up Bar at North Fifth Street and Wyoming Avenue shortly before 2 a.m. Police said the unidentified victim, reportedly an innocent bystander, was taken to Temple University Hospital where he was listed in critical condition yesterday.

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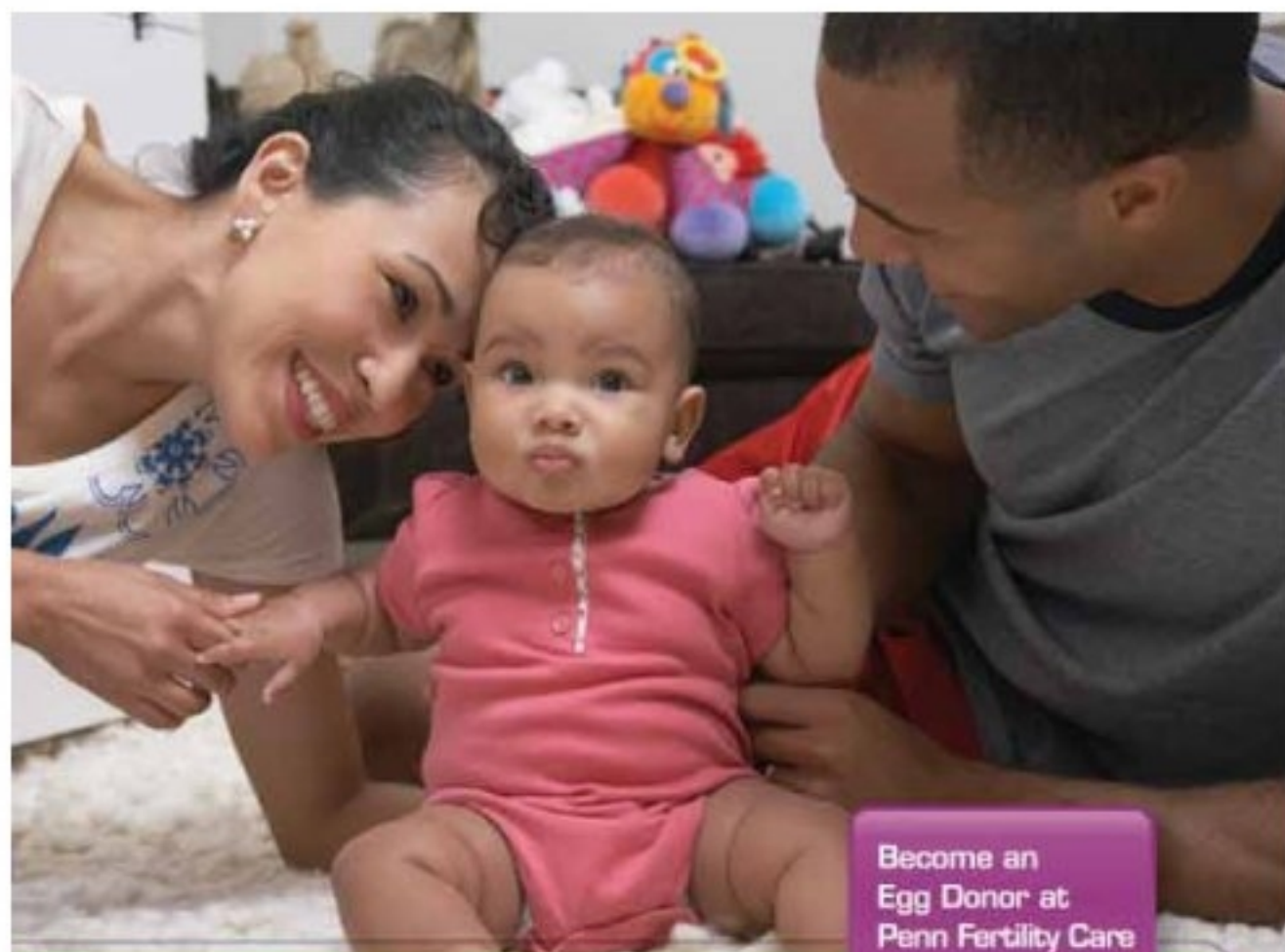


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Money struggle is a sad note for city musician

► Singer/teacher relies on food pantry Philabundance to get by ► In last two years, 66% hike in city's needy

Having sung backup for musicians such as Patti LaBelle, Celine Dion and Michael Bolton, Strawberry Mansion resident Veronica Underwood can tell you what it's like to be riding high. She even released her own album on Atlantic Records in 1985.

But the single mother of two also knows what it's like to go without basic necessities.

"Even now I'm struggling to pay for groceries. I don't buy groceries every month," admitted Underwood, who turns 53 next week. "I do the canned goods and that's what's keeping us afloat. Oftentimes I scratch for my daughter's lunch money, because you have to pay for that and transportation."

Underwood is a self-employed vocalist who teaches music therapy part-time for the University of Pennsylvania. But with an annual income of about \$18,000

Metro series

Hunger in the city

This is the first in a series of stories highlighting hunger in the Philadelphia region to coincide with the SEPTA-Philabundance Annual Food Drive June 6-20. Visit Septa.org/events to see where and what you can donate.

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and her unwillingness to accept government assistance, she relies on a food pantry supported by Philabundance, the region's largest food bank.

In the last year, Philabundance has seen a 22 percent increase in need; there's been a 66 percent increase in the past two years. Most shocking is

'Much struggle'

Underwood passionately talks about the importance of the donations, but she can recall a time when she wasn't so secure about accepting donations.

"A lot of people don't realize how much struggle there is in the U.S. and how [many] people do not have," she said.

that more than 6 in 10 clients make too much money to qualify for food stamps.

"I think we're seeing a very change in the structure of our society," said Philabundance Executive Director Bill Clark. "It's a quiet kind of problem — but at our end of the spectrum it's a serious, serious problem. We're seeing it get worse by the day."



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Dempsey candidate for top military job

President Barack Obama yesterday nominated Army Gen. Martin Dempsey, a warrior-scholar who commanded troops in the Iraq War, as the top U.S. military officer.

Dempsey, whose pick requires Senate confirmation, would replace Adm. Mike

Mullen as chairman of the Joint Chiefs of Staff when he steps down on Oct. 1.

At a White House ceremony, Obama hailed Dempsey as "one of our nation's respected and combat-tested generals."

Obama announced the choice for the high-profile



► President Obama shakes hands with Gen. Martin Dempsey.

post just before heading to Arlington Cemetery outside Washington for a wreath-laying and remarks to honor America's war dead on Memorial Day.

The nomination was the latest move in an overhaul of Obama's national security team. **REUTERS**

Changes

► Dempsey is currently Army chief of staff, a job he has served in only a month.

► The Defense Department picks come as Obama is facing growing pressure to accelerate a troop drawdown in Afghanistan and is preparing to complete a withdrawal from Iraq.

Obama pays homage to fallen American heroes

► President lays a wreath at Tomb of the Unknowns at Arlington ► Visits with families of soldiers who have died since 9/11 terror attacks ► 'Our very presence here today ... bears testimony to their enduring legacy'

President Barack Obama paid a Memorial Day tribute to generations of Americans who have fought and died to defend the nation's freedom.

"The grief that many of you carry in your hearts is a grief I cannot fully know," Obama said at the 144th Memorial Day Observance at Arlington National Cemetery. "This day is about you and the fallen heroes that you loved, and it's a day that has meaning for all Americans."

Earlier in the day he and first lady Michelle Obama hosted a private breakfast for Gold Star families who've lost loved ones in war and later laid a wreath at the Tomb of the Unknowns at the cemetery.

After Obama's remarks, he and the first lady visited the cemetery's Section 60 to meet with families of soldiers buried there. Sec-

tion 60 is for those who lost their lives since the terrorist attacks of 9/11.

Almost 6,000 U.S. military personnel have died in wars in Iraq and Afghanistan, and more than 43,470 have been wounded, according to the Defense Department.

"We remember that the blessings we enjoy as Americans came at a dear cost, that our very presence here today as a free people in a free society bears testimony to their enduring legacy," the president said to an audience of military officials, their families and the public at the remembrance ceremony at Memorial Amphitheater in Arlington.

In a Memorial Day proclamation, the president ordered the U.S. flag be flown at half-staff on government buildings until noon. **BLOOMBERG**

Beginnings

► In 1866, the Civil War ended and few wanted to remember the bloody conflict that killed more than 620,000 men, more than almost all subsequent wars, according to South Carolina historian Robert Rosen.

► Even with Civil War wounds fresh in 1866, Waterloo pharmacist Henry Wells

had noted that traffic to the graves of veterans had thinned. He feared a day when people forgot the horrors of war.

► "The first Memorial Day was organized as a day of mourning. The city was draped in black and the parade was solemn," said Caren Cleaveland, chairperson of the American Civil War Memorial in Waterloo.

Memorial Day weekend



"As a grateful nation, we forever carry the selfless sacrifice of our fallen heroes in our hearts. And we share the task of caring for those they left behind."

**PRESIDENT OBAMA'S
MEMORIAL DAY PROCLAMATION**

1: Gary Sinise lays a wreath down during the Honoring Our Fallen Warriors Wreath-Laying ceremony at the National World War II Memorial yesterday in Washington, D.C.

2: Sarah Palin, left, rides during the Rolling Thunder Memorial Day weekend parade.

3: Tim and Estella McGregor create a rubbing from the name of a fallen soldier carved on the Vietnam Veterans Memorial Wall in Washington.

4: Members of the Eaglehouse Hook and Ladder Company march with an antique fire hose and carriage in the Memorial Day Parade in Ansonia, Conn.

PHOTOS: GETTY IMAGES

Del. man killed after rodeo fall

► Crushed when stomped by bull ► Police say Leonel Trejo was experienced rider ► Investigation continues

A 40-year-old Delaware man was killed Sunday night when he was thrown from, and stomped by, the bull he was riding at a rodeo event. Leonel Trejo, 40, of New Castle was rushed from the NUR Shriners Temple to Christiana Hospital, where he was declared dead.

Around 9:30 p.m., Trejo was thrown from the bull after riding it for about a minute. The bull then "stepped on his chest area," likely causing the fatal injuries that medical examiners will investigate during an autopsy.

A Delaware State Police spokesman said that Trejo, an experienced bull rider,

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'Charreada'

Online searches for Trejo only turned up stories about his passing. A 2008 New York Times story said that amateur Mexican rodeo events, also called "charreada," had grown in popularity among Mexican-Americans while coming under fire from animal-rights and anti-rodeo activists.

was not wearing protective equipment at the time but that such gear "is not required during Mexican bull-riding events." State Police Cpl. Jeffrey Hale said the investigation is ongoing.

Attempts to reach someone from the NUR temple, which also hosted a "Rock-N-Rods" car show, swap meet and collectibles show on Sunday, for information about the incident itself were unsuccessful yesterday. However, a member who used to handle hall rentals said "a Mexican promoter" organized the event.

BRIAN HICKEY
brian.hickey@metro.us

Memorial Day. Down the Shore

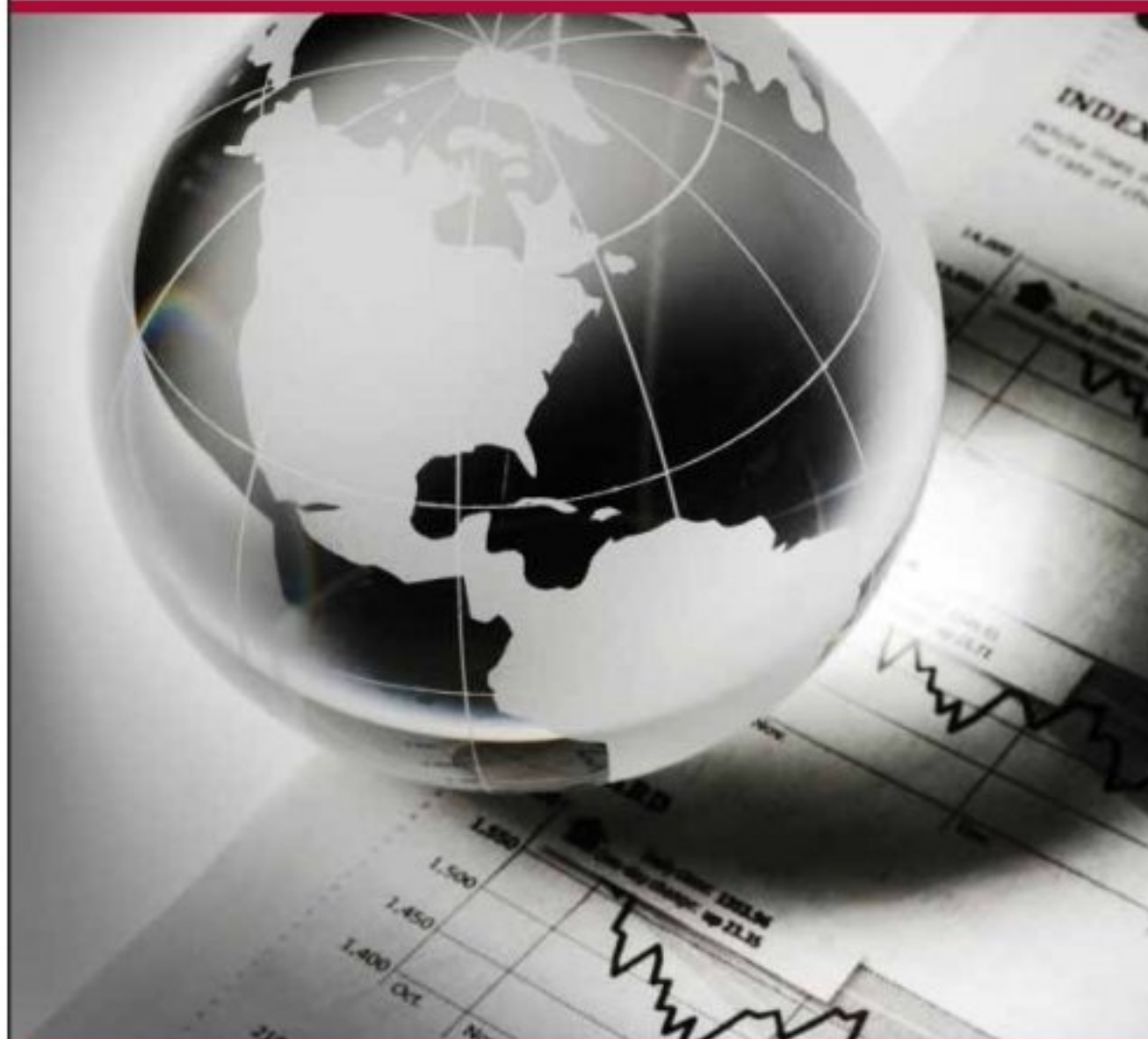


► Benjamin McBrien of Fishtown hit the water his daughter, Sugar, in purple, and two other young relatives.

Beach baby: Surf's up in Surf City

Waves were rolling onto the beaches of Surf City, N.J., all weekend as perfect weather brought thousands to the coast up and down New Jersey. Benjamin McBrien, a resident of Philadelphia's Fishtown section, didn't miss the opportunity Sunday to give some lessons to his daughter and her friends on how to ride a long board. ● METRO

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How do you say 'Google'?

Google has come to dominate our lifestyle, so much so that we have a verb for it. But in China, that word falls on deaf ears, thanks to the dominance of Baidu

Internet search in the world's most populous country is a bit of a contradiction in terms. If so, then China, known for its heavy-handed censorship, may have helped create Baidu in its own image.

"On behalf of the Central Committee of the Communist Party of China and the propaganda bureau of the State Council, you are welcome at Baidu's headquarters," ironically proclaims Kaiser Kuo, a former member of Chinese heavy metal band Tang Dynasty and now Baidu's director for international communications.

"I know a lot of foreign

Fresh faces



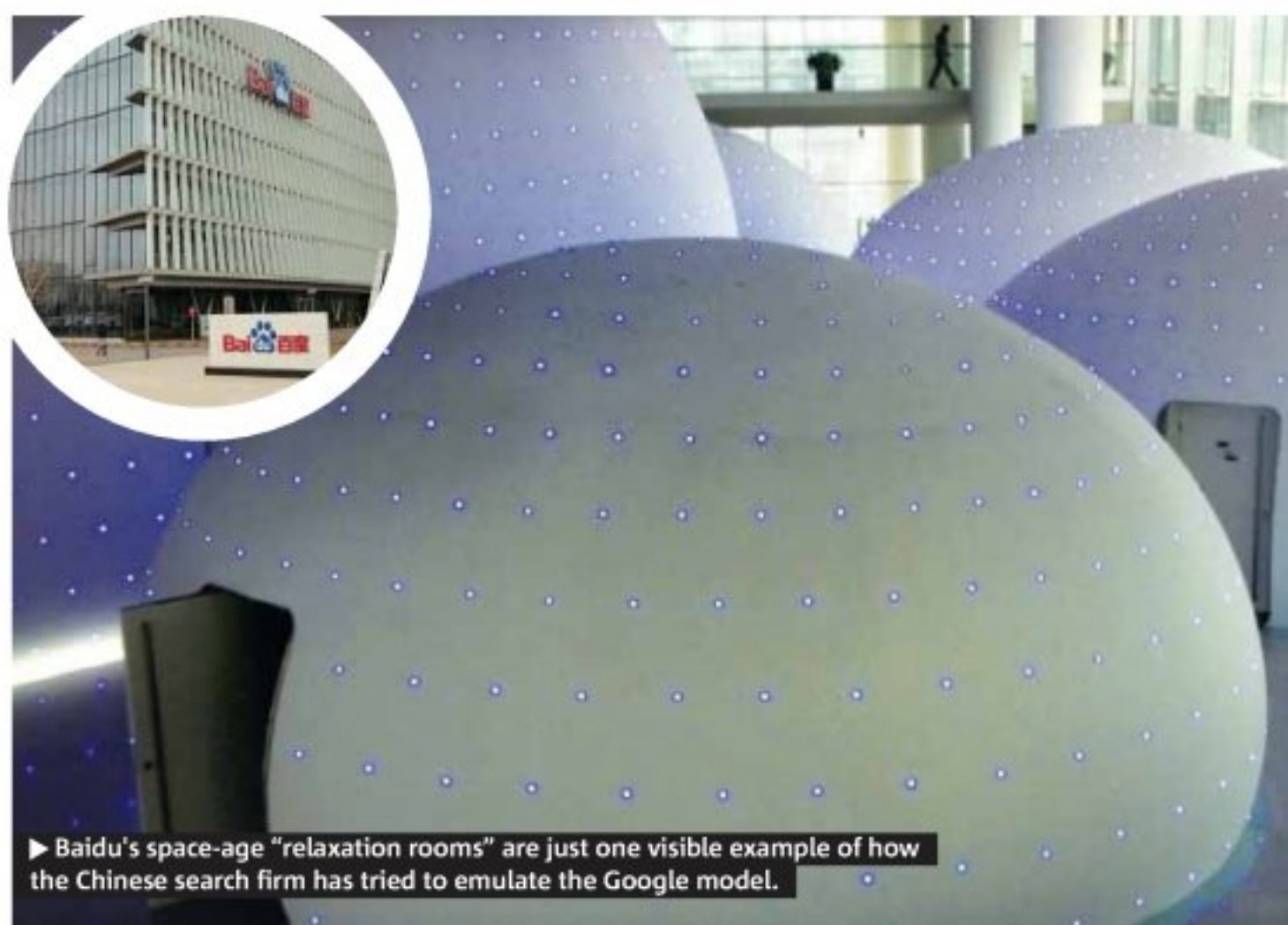
The Baidu workforce consists of mostly young, enthusiastic IT graduates.

Baidu plans to add 6,000 workers to its rolls by the end of the year.

journalists like you who assume wrongly that we are ruled by the Party. How come?" asks the suited

40-something — who still sports a silky, rocker-style mane of hair. "Remember that we are listed on the NASDAQ exchange and the great majority of our shareholders are from western countries."

Baidu, China's most popular search engine, has a strong reputation for heavily censoring its search results when it comes to politics, human rights or even organ trafficking. Yet the company, which controls some 75 percent of searches in the world's biggest Internet market, encourages its users to download books and MP3s for free via its



Baidu's space-age "relaxation rooms" are just one visible example of how the Chinese search firm has tried to emulate the Google model.



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in Chinese?



Is Baidu dating Facebook?

BEIJING. Facebook is still blocked in China, but reports are rife that the company is teaming up with Baidu to release a similar social networking website in China.

In April, several meetings with Facebook boss Mark Zuckerberg and Baidu CEO Robin Li have indicated negotiations to create a Chinese Facebook, though no start date has been established.

Tapping into the Chinese market will not be easy given the country's stringent

Internet laws. Websites that do not adhere to China's self-censorship rules, such as YouTube, are immediately blocked from the country's ever-growing Internet users.

● METRO/JP



Zuckerberg is on board.

dedicated platforms. Last March, forty Chinese novelists published an open letter to denounce Baidu's attitude toward intellectual property.

But for the Chinese, Baidu has the hallmarks of an organization worth working for. Every morning at 9:30, 10,000 young geeks rush to the search engine's headquarters in northwest Beijing, many proudly carrying their Baidu backpacks offered at the last corporate party.

Inside the Beijing HQ, Baidu's ground floor reminds us of fashion designer Pierre Cardin's uber-futuristic "bubble house" in southern France: five big white round rooms dedicated to relaxation or training lessons.

Baidu's staff look pretty happy and laid-back. Take Xiao Wong, a gifted 25-

Quoted



"Many foreigners wrongly assume that China's Baidu is ruled by the Communist Party."

KAISER KUO

year-old senior Web programmer who has recently been awarded employee of the week. Last year, he was junior programmer at Chinese microblog Sina Weibo. Why did he quit?

"Less pressure and more money here," he says. A Western-style cafeteria and a sophisticated gym with TV screens playing dating shows are just a handful of perks that lured him to the company.

Even if Baidu won't let Google expand in China (only the Hong Kong version is available for Chinese), its headquarters obviously tries to look as cool as the Googleplex, Google's corporate hub in California.

"We love them, they

have a good brand and good values," seems to be the only answer allowed among Baidu's legions.

My journey in China's dream factory stops here as I am not authorized to visit the censorship department, nor allowed to speak to any of the seven Baidu guys who can change search algorithms. In the main hall, a huge LCD screen displays millions of search requests in real time. I am not allowed to photograph it, as I am told "some people will think we're watching our Internet users."

Before we leave, we are introduced to Shuoba, the company's latest Twitter-like platform, on top of Baidu's popular 3-D mapping, shopping, news, audio or picture services. Surprisingly, complete ID details are required to log in.

Is it imposed by law?

"Not yet," Kuo says. "But we think the public security bureau may need this information if they want to identify harmful chatters."

After 10 days of traffic loss, Baidu eventually gave up the ID idea. Totalitarian ideas are not always good for business.



JORDAN PAILLE
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\$9.4B

Baidu's CEO and co-founder, Robin Li Yan-hong, is the richest man in China with a fortune worth \$9.4 billion. Robin worked in Silicon Valley before founding Baidu in 2000.

myentertainment

THE WORD



Metro's **Dorothy Robinson** shares her take on the world of gossip [@dorothyatmetro](#) [dorothy.robinson@metro.us](#)

A big, legal Memorial Day weekend for E!

Kingston in ICU

Sean Kingston is in critical condition in a Florida hospital after being badly injured in jet skiing accident Sunday evening, reports TMZ. Jackson Memorial Hospital says the hip-hop star was transferred from their trauma unit to the ICU and as of Monday night was in critical condition. Kingston was jet-skiing with a female companion around 6 p.m. on Sunday and crashed into a bridge near Miami Beach.



Sean Kingston

The cast of characters



Jones



Vaughn



Schiffer

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MORE GOSSIP

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DOROTHY ROBINSON'S
WORD BLOG

This weekend, E! Online posted an item saying **January Jones** and her "X-Men: First Class" director, **Matthew Vaughn**, had a "very close" relationship on the film's set. This wouldn't be such a scandalous allegation if Jones weren't currently pregnant and keeping mum on the baby's paternity — and if Vaughn not currently married to **Claudia Schiffer**, with whom he has three children — the youngest of whom was born just last year. E! Online went as far as reporting that Schiffer and Vaughn supposedly abandoned their rented home in Beverly Hills around the time Jones revealed she was pregnant.

Vaughn's lawyers got ahold of the item, and it's now scrubbed from E! Online's website. Meanwhile, Vaughn's lawyer, Martin Singer, told Page Six that the report is an "absolute lie." No word yet whether

Vaughn's attorneys are going to pursue any further legal action.

However, many sites are commenting on how odd it was that there was no "X-Men" premiere, just a "cast screening" in New York last week, which Jones and other stars of the film attended. Vaughn wasn't present due to a "severe" case of tonsillitis, according to his publicist, even though he was able to do interviews for the film the same day.

So far, the bigger sites such as TMZ.com and RadarOnline, not to mention People and Us Weekly, have kept silent, meaning they're either waiting until there's more proof or the item is indeed a total lie.

I'm going with lie as no man would cheat on Claudia Schiffer, right? If so, there really is no hope for the rest of us.

Talking points

Leo and Blake heating up

Leonardo DiCaprio's European tour with rumored girlfriend **Blake Lively** continues, though the pair are doing their best to not be seen together. After a trip to Italy, DiCaprio and Lively returned to France, where they were twice spotted leaving the Saint-Paul de Vence hotel in Saint-Paul separately, according to Us Weekly. The



Blake Lively

next day, they returned to Cannes, where they were first spotted together two weeks ago, and boarded a yacht. "Blake is definitely being wooed," a source says.

Sheen's home up for sale

Just days after **Charlie Sheen** announced he is selling his infamous Los Angeles mansion — which he dubbed "Sober Valley Ranch" during his in-home rehab earlier this year — he already has an offer. The home is listed at \$7.2

million, but adult entertainment company YouPorn is reportedly offering \$4.5 million in cash, according to TMZ. There's more to the offer, though, as the company wants to move several of Sheen's favorite porn stars into the 5-bedroom, 7-bathroom estate and offer him 24-hour-a-day access.

Cheryl Cole cashes in

While **Cheryl Cole** won't be making the jump to the U.S. "X Factor" after all, she won't go back to England

empty-handed, as the axed judge will reportedly still take home her full salary for the season, according to The Sun. Cole, who was dropped from the show four days into rehearsal, will

take home nearly \$2 million, sources say. Hopefully the payout will help ease some of the guilt **Simon Cowell** is reportedly feeling over the sudden change. "He loves Cheryl and did everything in his power to get her on U.S. TV," a source says.

The feed ...

▶ Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or less.

Today, Kathy Griffin is in a food coma, Justin Bieber isn't a fan of heights, David Spade has trouble avoiding trouble and Carrie Fisher is a friend in need.

▶ **@kathygriffin** Sleeping off Paula Deen's home made cinnamon buns in her grandkids bunk beds!

▶ **@justinbieber** 1200 feet in the air....not the best feeling. lol

▶ **@DavidSpade** a knack for getting beat up. ive had it since childhood

▶ **@CarrieFFisher** I desperately need 4 #Glastonbury tickets. I'm willing to go to any lengths that doesn't involve nudity- you wont regret it.



Carrie Fisher

myentertainment

TV watch list

'America's Got Talent'

REALITY. Jugglers, acrobats and dummies (and their ventriloquists) get their 15 minutes when the country's biggest talent show returns. Season premiere, 8 p.m., NBC

'The Voice'

REALITY. Four more singers are sent home in the final Battle Round before the debut of this series's live shows next week. 10 p.m., NBC

'Million Dollar Decorators'

REALITY. There's no Ektorp or Malm in the IKEA-free homes these high-end Los Angeles designers plan.



► The judging panel, seated from left, is: Piers Morgan, Sharon Osbourne and Howie Mandel. Host Nick Cannon, standing, joins them on "America's Got Talent."



► Nathan Turner is a "Million Dollar Decorator."

Series premiere, 10 p.m., Bravo

'Bizarre Food with Andrew Zimmern'

REALITY. Andrew cheats this week, visiting Embassy Row in Washington, D.C., rather than a far-flung locale to sample exotic cuisine. 9 p.m., Travel Channel **AMBER RAY**



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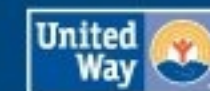


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She was a teenage vampire



► Unlike her protagonist, author Cassie St. Onge isn't a high-schooler who's over 100 years old — thank goodness.

► For Jane Jones, being a vampire is nothing like you think it is ► How Caissie St. Onge captured those awkward, blood-sucking years with humor

What started out as funny banter on Twitter became the inspiration for television writer Caissie St. Onge's first young-adult novel, "Jane Jones: Worst. Vampire. Ever."

"I was on Twitter making fun of vampire movies and TV shows," remembers St. Onge. "I said that if you were a teenager who suddenly became a vampire in real life it would be dreadful. It would make you even more different and an outsider, and with my luck I would be blood-intolerant."

With that tweet, her novel was born. And while the protagonist is indeed an ageless blood-intolerant teenage vampire, "Jane



"I felt like the vampire part is the hook, but it's not just about that. It's about a girl and her relationship to her family and peers and finding people that you fit in with."

ST. ONGE, ON "JANE JONES"

Jones" reads more like a humorous coming-of-age novel than a "Twilight" rip-off. This was St. Onge's intention all along. "The vampire part is the hook, but it's not just about that. It's about a girl and her relationship to her family and peers and finding people that you fit in with," she says.

To capture that unique angst, St. Onge channeled her own awkward high school years.

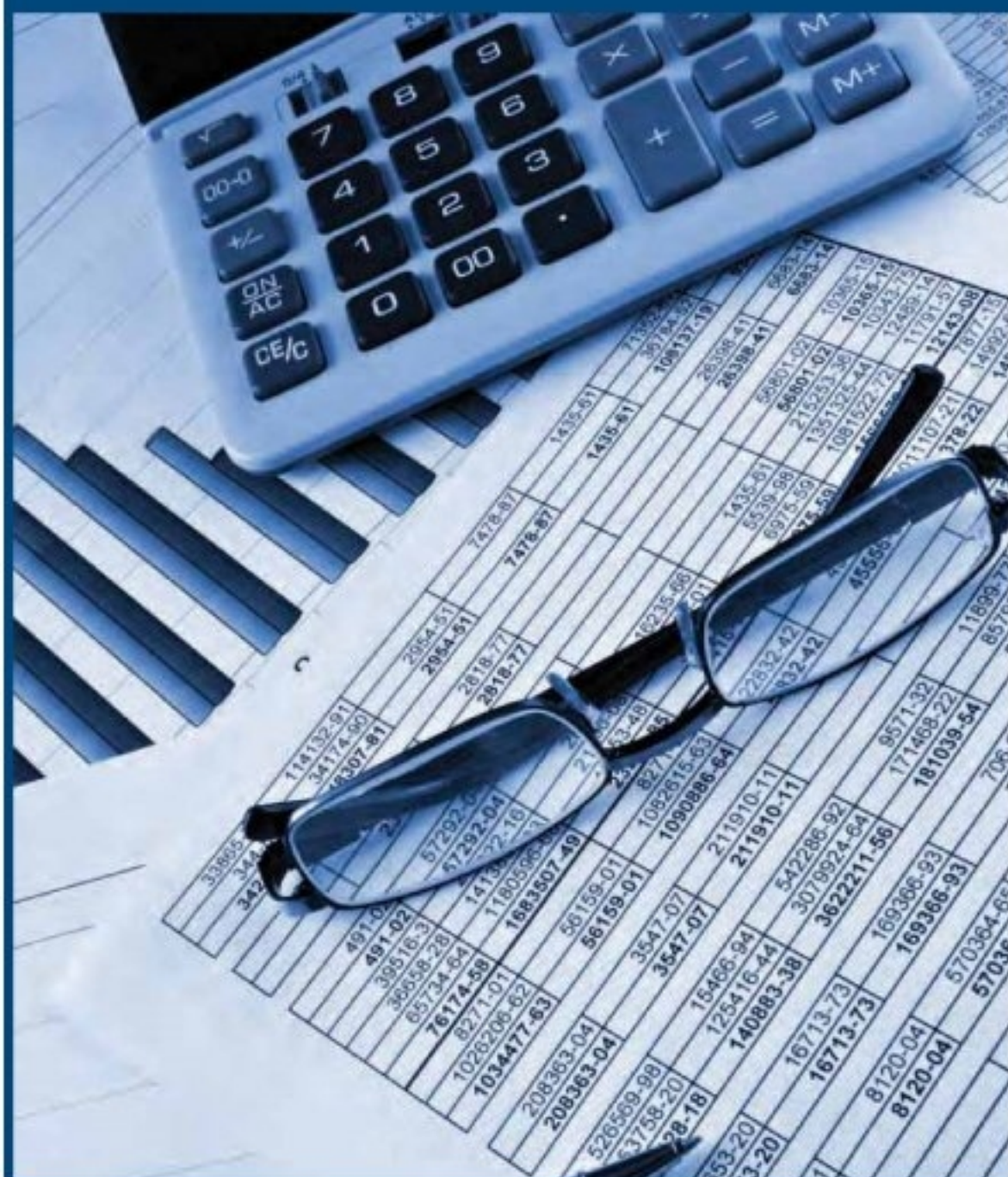
"I remember my teenage years very clearly; feeling trapped and wanting so many things. In the case of Jane Jones, she is stuck and is never going to get beyond this period in her life unless something really drastic

happens," she says.

Unlike many current young-adult novels which are so serious and heavy, "Jane Jones" is funny; St. Onge cultivated her humor as the assistant to such greats as David Letterman and Rosie O'Donnell. She especially credits O'Donnell with cultivating her talent. "She always introduced me as a writer," St. Onge says. "It made me understand that just because you're not drawing a paycheck for your writing doesn't mean that you're not a writer. If you're writing things, that makes you one."

NATASHA LEVINGER
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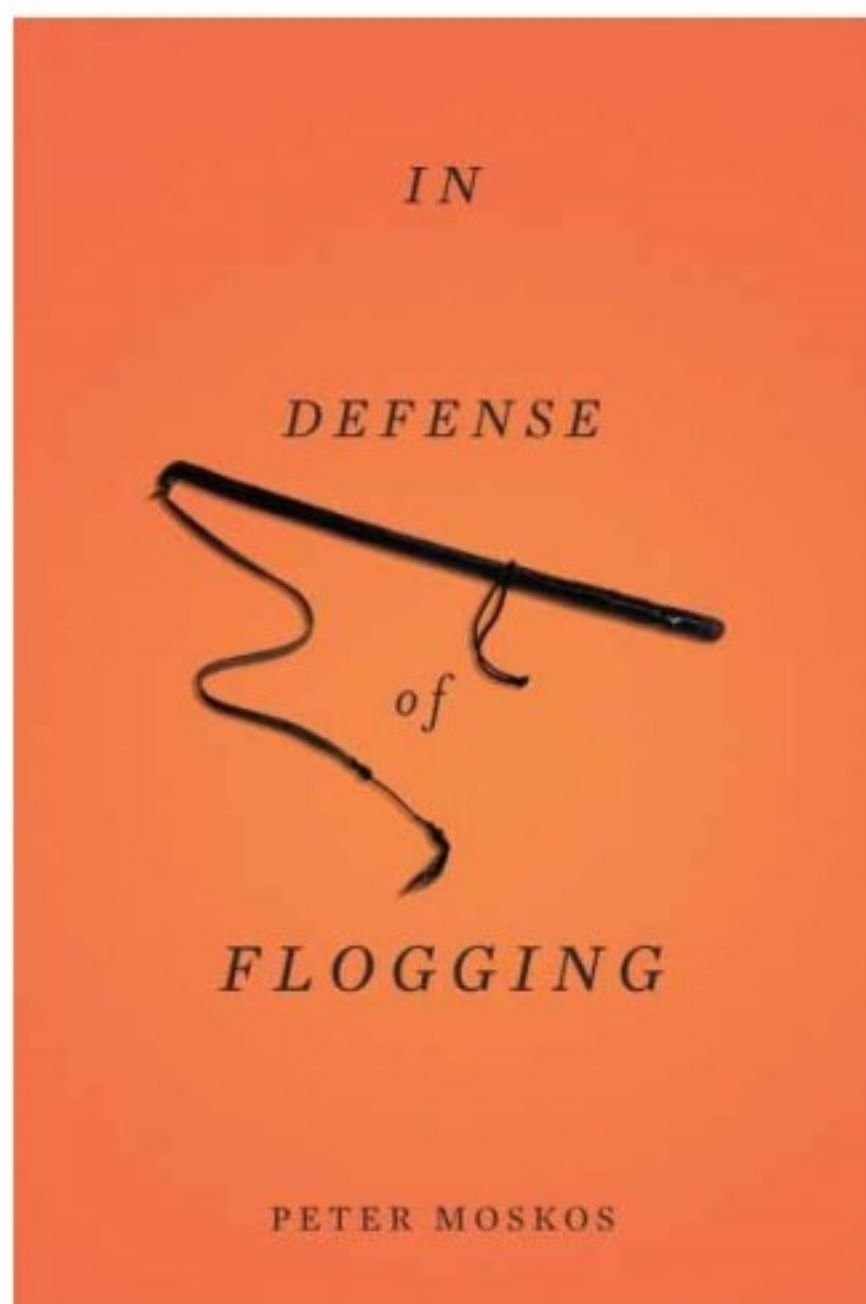
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Never stop exploring



Flogging versus prison: The debate

► Peter Moskos wants to reintroduce flogging as punishment in the US ► Surely he can't be serious?
► But once you read his new book, 'In Defense of Flogging,' you might find yourself agreeing with him

America has more prisoners than any other country (2.3 million). We have more prisoners than soldiers; more than China — which has a billion more people than we do. So what to do? Well, author and assistant professor at John Jay College, Peter Moskos, has an answer, as proposed in his new book "In Defense of Flogging." He wants to give convicted criminals the chance to pick between flogging (a burst of searing pain) or incarceration (which breeds criminality

and destroys family ties and job prospects). Moskos pleads his case to Metro:

We've made strides in becoming a civil society that solves problems by discourse and ideas. So if physical violence is introduced as an answer, don't you worry this will reverse our advancement? All I want to do is give convicts a choice. Given the choice between five years and 10 lashes, which would you choose? What's the harm in offering the choice of the lash in lieu of prison?

Are we afraid people would choose flogging? What does that say about prison? And I question just how civil our society is. Even after America's great crime drop we still have a murder rate three times higher than Canada. They've made progress; we're still trying to figure things out. We know prison doesn't work, but we have no alternative. **Some say flogging is racist and reminiscent of slavery. What do you say to that?** Prison is the true legacy of slavery. Prison guards and

Q&A: In the open

What are the chances your idea will be initiated?

► The chances that we'll see flogging anytime soon are slim to none. Ideally somebody smarter than me would come up with a third way. But if it takes defending flogging to shine a line on the evils and failures of prison, I say bring on the lash!

private prison corporations profit from literal human bondage? What could be more immoral than that? To oversimplify, but just a bit: We pay poor, unemployed, rural whites to guard poor, unemployed, urban blacks. That's racist. Flogging is just a punishment. All I want to do is give convicts a choice in punishment — how is that racist? If flogging were so bad, nobody would choose it.

DOROTHY ROBINSON
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mystyle

There's a new habit-forming site in town

Fashion's A-list came out last week to celebrate the launch of Myhabit.com, Amazon.com's foray into world of private fashion sales. The online shop boasts hot deals on boutique and designer brands like L.A.M.B. and Nicole Miller, plus free membership, free shipping and free returns. Vanessa Hudgens,

Brooklyn Decker and a slew of other stylish stars feted the new site, and our curious minds wanted to know: What was the last thing they bought on Amazon? Here, they share with us their recent finds.

1 Brooklyn Decker: "This big, giant book of Rolling Stone covers."

Annie Leibovitz shot most of them. I actually just ordered it like three weeks ago so it should be waiting at my house when I get home."

2 Vanessa Hudgens: "A pair of shoes."

3 Designer Christian Siriano: "I bought a

book on Parisian interior design. I buy a lot of books on Paris interior design. I don't speak French, I just love the rooms — and the last one I bought was fully in French and it was gorgeous."

4 Stylist Mary Alice Stephenson: "A tie for [my friend] Bill. There was

a bidding war on this tie. It's vintage Hermes."

5 Designer Prabal Gurung: "A lot of books for my nephew and niece. And I bought a little Tinkerbell outfit for my niece. She loved it."

6 CFDA Fashion Incubator manager Johanna Stout:

"The last thing I bought on Amazon was a digital camera. It was great, I got to compare the different models, price points, capabilities — Amazon's the biggest e-commerce platform, and they do it best."

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#1300 Duane Baker, 2702 Cyreese Daniels, 332 Valerie Farmer, 900 Judith Harris, 610 James Jenkins, 9 Catherine Johnson, 2310 Marcus Johnson, 3613 Anthony Martin, 3420 Michael Odom, 1002 Dorothea Thomas, 325 Jerry Wade, 1005 Tashina Wilmer.

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At 10 am at 5026 Ridge Ave., Phila., PA 19128

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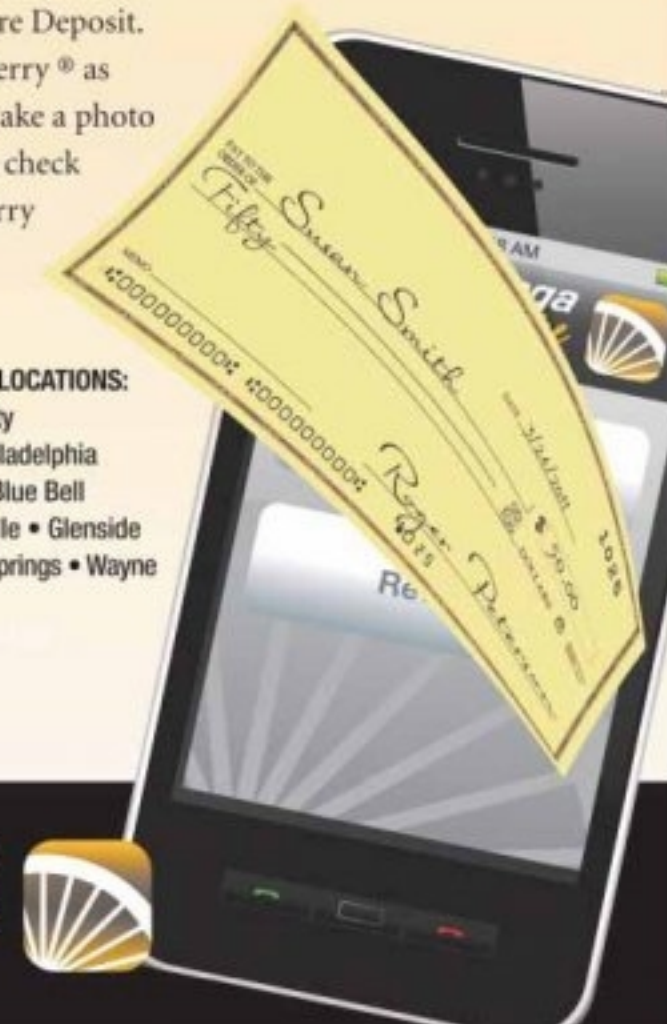
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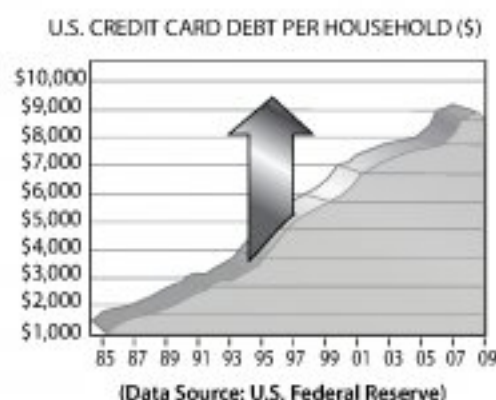


Credit Card Debt?

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CGA STAFF WRITER

Every three minutes another person falls behind on credit card debt. It's no wonder, since every major credit card company has nearly doubled the minimum monthly payment on consumers' bills. Federal Regulators forced the change because of their concern about the growing mountain of consumer debt, which stands at \$2.17 trillion. Many consumers can only pay the minimum payment, which can take up to 30 years to pay off. Now, relief is in sight for millions of Americans.



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TRISTOCK IMAGES

Finally — some good news for recent grads

▶ It's still a competitive job market, but things are looking up for the Class of 2011 ▶ Improving economy easing stress on students, families

Put the new college graduate. Right after "Congratulations!" comes the dreaded question: "Do you have a job yet?"

Slightly more new grads can answer "yes" than the last two years, according to university career services pros. "The job market for '11 graduates looks better than last year. There are more job listings, and students are reporting that they are getting jobs," says Marjorie Apel of Manhattan College.

Thomas Ward of Adelphi University warns, "It is still

Education Option.com



JUDY WEIGHTMAN

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a very highly competitive labor market, and employers can afford to be choosy. Employers are not hiring in waves, they are staffing specific, strategic needs."

Students are getting jobs, though. Nancy Dudak of Villanova University reports that 40 percent of the graduating class already has

found jobs. "That's typical of placement rates at graduation — 11 percent hasn't started looking yet," she says.

It helps that more employers are looking. Karen Diaz of Benjamin Franklin Institute of Technology in Boston says, "We are seeing more job postings come into the office and receiving more calls from employers looking for our graduates of technical education."

Alice Diamond of Lesley University points out that there are side benefits to the improving economy. "Students don't seem to be

panicked," she says. "It helps that their parents are more relaxed. In previous years, many parents were also looking for work."

And if you're a graduating senior who hasn't found a job, all our experts agree with Jim Marino of Rutgers Camden: "Take advantage of the services of their Career Center for access to leads from employers and for services that teach job-search skills, from resume-writing to job-search and networking strategies to interview preparation."

By the numbers

▶ Employers plan to hire 19.3 percent more graduates in 2010-11 than they did in 2009-10, according to the annual survey by the National Association of Colleges and Employers.

▶ Also according to NACE, the

average starting salary for 2011 graduates is \$50,462. This is 5.9 percent more than the average of \$47,673 for 2010 graduates.

▶ Class of 2011 grads with student-loan debt owe an average of \$27,200, or \$34,400 if parental debt is included, according to Mark Kantrowitz of Finaid.org.

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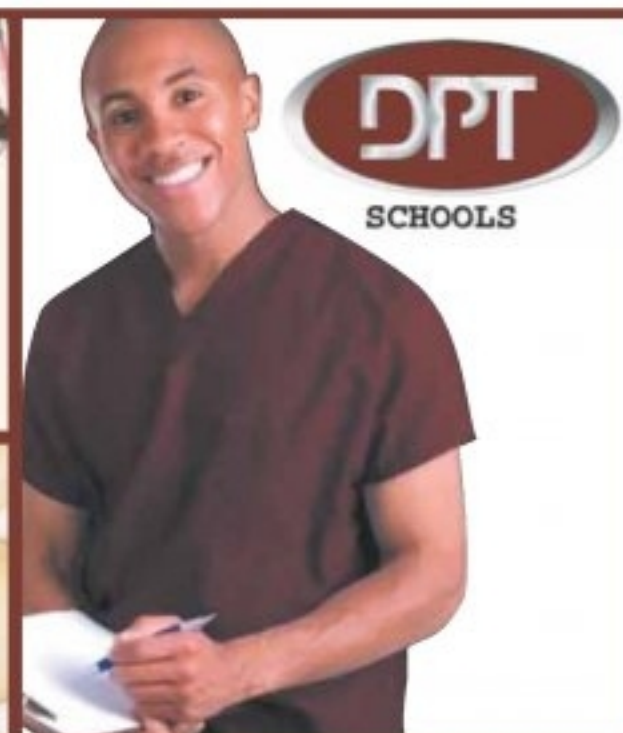
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In a summer where gas prices are hovering around the \$4-per-gallon mark, just about every working stiff agrees on the benefits of telecommuting. Except one: your boss.

Talking the office naysayer into allowing the occasional telecommute can require exhausting acts of persuasion, career counselors say. "It really is about convincing the boss," warns Tory Johnson, co-author of

"Will Work From Home."

To accomplish that, she adds, you'll have to come up with a well-prepared pitch. Keep the following tips in mind.

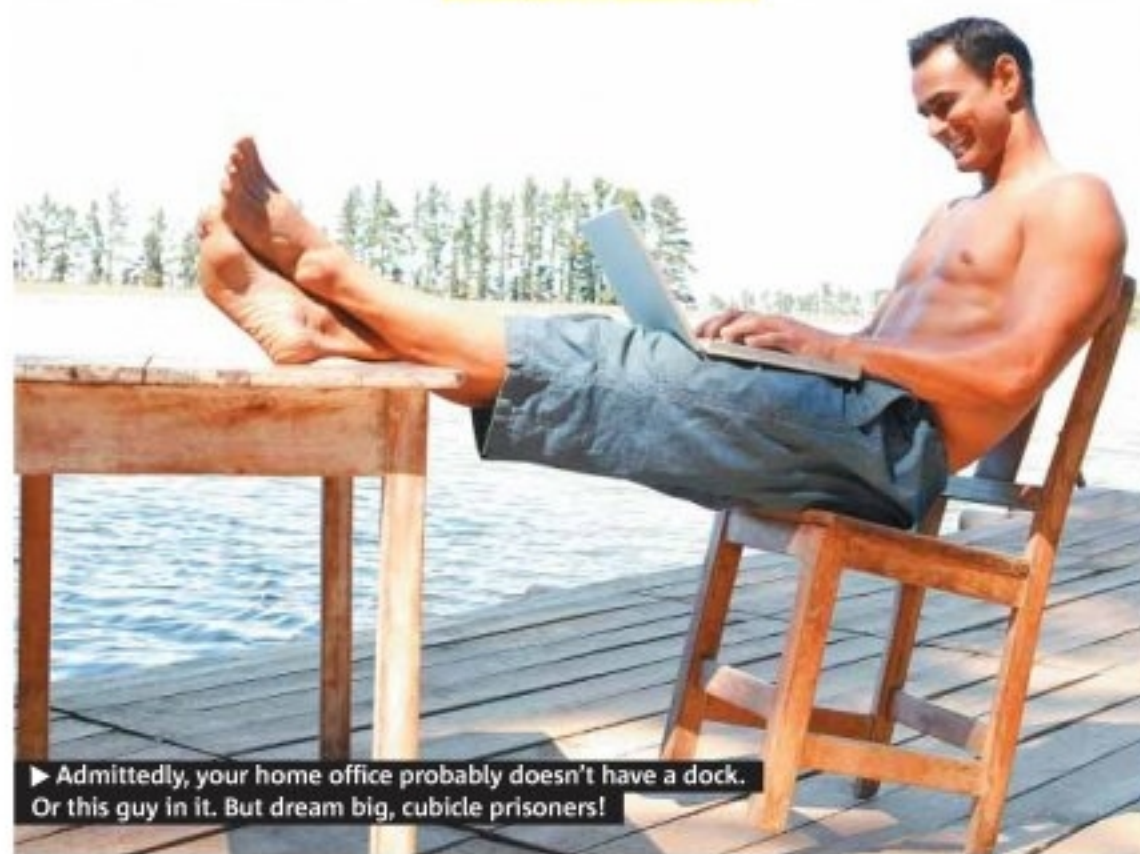
► **Start with a short-term plan:** Don't approach your boss requesting a permanent change of scenery, Johnson cautions. "It's a lot easier if you are initially focused on a trial period," she says.

Plus, Careerbuilder.com

career coach Alison Nawoj adds, that will afford you the opportunity to prove yourself.

"Your boss may have concerns that you don't have good self-discipline," she says. "This is a chance to convince [him or her] you're a self-starter."

► **Ask not what it can do for you:** "Whatever benefits you come up with should center on how this can help your



► Admittedly, your home office probably doesn't have a dock. Or this guy in it. But dream big, cubicle prisoners!

employer, not how it can help you," Nawoj says.

Those benefits abound, Johnson adds.

"For example, if you have a two-hour commute, be willing to give up half that commute time just to

start working earlier," she says.

► **Show that you've thought it through:** "Recognize that the onus, at least in the beginning, is really going to be on you," Johnson says.

"Do you have the right equipment? Do you have space in your home where you can make this work? Do some research first."

DREW HINSHAW
letters@metro.us

What to expect

Your boss will likely have some arguments against your potential freedom. Here are some common points — and your counters.

► **"I really think you have to be here.":** "If you know this is the reaction your boss is going to have," Johnson says, "You need to say, 'Out of sight does not necessarily mean out of mind. I'll have to be

more proactive about keeping everyone in the loop.'"

► **"What if something comes up?":** "You need to say, 'I will be flexible,'" Johnson recommends. "Then, demonstrating that flexibility is going to be important."

► **"If I say yes to you, I'm going to have to say yes to everyone.":** "That's often a big one," Johnson notes. "Investigate — is there any company policy around this issue?"



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TUESDAY, MAY 31, 2011

mycareer

Becoming blissfully employed

Supply & demand

Job availability played an important role in "career bliss" in this survey.

"Certain fields are in demand now, and that makes it easier to not just say, 'OK, I'll take this job because it's a job,'" says Miller. "There's a strong demand pretty much countrywide for software, sales execs and health care professionals — especially as the Baby Boomers age, health care looks to be a pretty safe bet right now for someone looking into careers."

- New survey ranks the top 20 jobs most likely to make you happy
- Why the health care industry is looking especially promising

If you're a recent grad, landing a job is likely at the top of your to-do list. But after the initial offer letter is signed and sealed, other factors start to seem important about the place you'll be spending around 40 hours — if you're lucky — a week of your post-college life.

That's where CareerBliss.com comes in. "The goal of ours is to find the happiness in careers, because a large part of happiness has to do with your day-to-day," says Matt Miller, co-founder and CTO of the website.

To compile their new "Top 20 Hot Jobs for New Grads" list, CareerBliss considered salaries and growth opportunities, as well as factors such as a position's work-life balance, company culture and reputation, and how much control there is



► Registered nurses came in at No. 10 on the list. Read the complete results at www.careerbliss.com.

over daily tasks.

Coming in at No. 1 was software engineer (with an average salary of \$71,916), while two health care positions ranked in the top 10. Registered nurses (No. 10) can expect to make \$61,707; and according to Miller, "the people they work with are one of the

most important factors, and it was something they were very happy about." Physical therapists (\$57,000) ranked No. 7 in part because "historically, they're a very in-demand type of job because there are fewer candidates."

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Proper gravity of the situation

RE: "FOR JOINT HEALTH, LISTEN TO MOM": Mr. De Vito is quite right about the benefits of correct posture, but his grasp of physics is a trifle fuzzy. Gravity doesn't hit only the top of one's head and shoulders; rather it pulls upon our entire body irrespective of its position. Our total mass remains the same whether we lie flat or curl up into a ball which is why our weight (the measurable effect of gravity on our total mass) doesn't change either when altering our position. However, and

this is what I believe to be his point, the distribution of our total mass does influence how our hip joints, knees and foot bones react to that pull.

ALLAN T. NEEDLE, VIA E-MAIL

Point, counter: Student loans

RE: "GREEDY STUDENTS CAUSE THIS PAIN":

Mr. Penner, did you even go to college? If you did, your letter suggests otherwise. Student loan companies prey on students — approving huge loans often with no co-signer requirement and no borrowing limit — and then

charge unreasonable interest and demand high minimum payments that don't go toward the principle of the loan. Ask yourself, does such a thing exist elsewhere? I didn't think so.

TIM BIGELOW, VIA E-MAIL

Penner hit the situation squarely where it belongs when students are defaulting on loans, and I so agree with his idea of denying federal and state tax refunds until these debts are repaid. In addition, the so-called "for-profit colleges" should also be treated in the very same manner, because they are using the Pell

grants and other loans as cash cows — taking the money right off, paying exorbitant salaries to their admissions staffs and suffering nothing when defaults occur. We should not allow these "diploma mills" to be the recipients of Pell grants and loans if their graduates continue to default on the scale that they do.

PAT DASKO, VIA E-MAIL

Smoking fear seems amiss

OK, I understand that smoking causes cancer, and I also get that secondhand smoke can be dangerous. That being said, if secondhand smoke was truly dangerous, shouldn't most of Asia be dead right about now? JAMES ALLOCCA, VIA E-MAIL

Horoscope

II Gemini May 21-June 20. It isn't that you'll lack the capacity to overcome obstacles when you are challenged; it's more likely that you won't accept that there are any problems in the first place. Be realistic.

☿ Cancer June 21-July 22. If you discount your own worth and place a trifle too much importance on winning the approval of others, you won't be a happy person.

♌ Leo July 23-Aug. 22. Keep outsiders out of your commercial or financial matters as best you can, because what they want you to do may not necessarily be good for you.

♍ Virgo Aug. 23-Sept. 22. Certain associates and/or companions aren't likely to be in harmony with your aims, and could drag their feet and slow you down if you're not careful. Go it alone as much as you can.

♎ Libra Sept. 23-Oct. 23. If you are more motivated to partake in inessential activities than you are in serious endeavors, don't expect to get anything important done.

♏ Scorpio Oct. 24-Nov. 22. When something is at stake that affects your personal interests, chances are you'll do quite well, but don't expect to be equally adept when carrying out a project for others.

♐ Sagittarius Nov. 23-Dec. 21. Talk over money matters with the person who shares your expenses before purchasing something that is extremely costly. They might not want any part of it.

♑ Capricorn Dec. 22-Jan. 19. Friends you enjoy on a social basis might admire your repartee, but don't expect the same acceptance from co-workers. They'll appreciate a lot less wind and a little more work.

♒ Aquarius Jan. 20-Feb. 19. Trouble is in the making if you fail to spell out in advance just who is to pay for what when at a social get-together. Someone might think the costs are far too expensive for his or her taste.

♓ Pisces Feb. 20-March 20. Remember, friends can come and go, but your family is the rock that weathers the test of time. Be careful not to show more favoritism to a new-comer than you do to your own kin.

♈ Aries March 21-April 19. Because you are likely to be challenged on your ideas, it is important that you have faith and the fortitude to right-fully stand up for them.

♉ Taurus April 20-May 20. It isn't always a good idea to mix business with pleasure — and it might be one of those times when an attempt to do so will result in an unrewarding experience. BERNICE BEDE OSOL

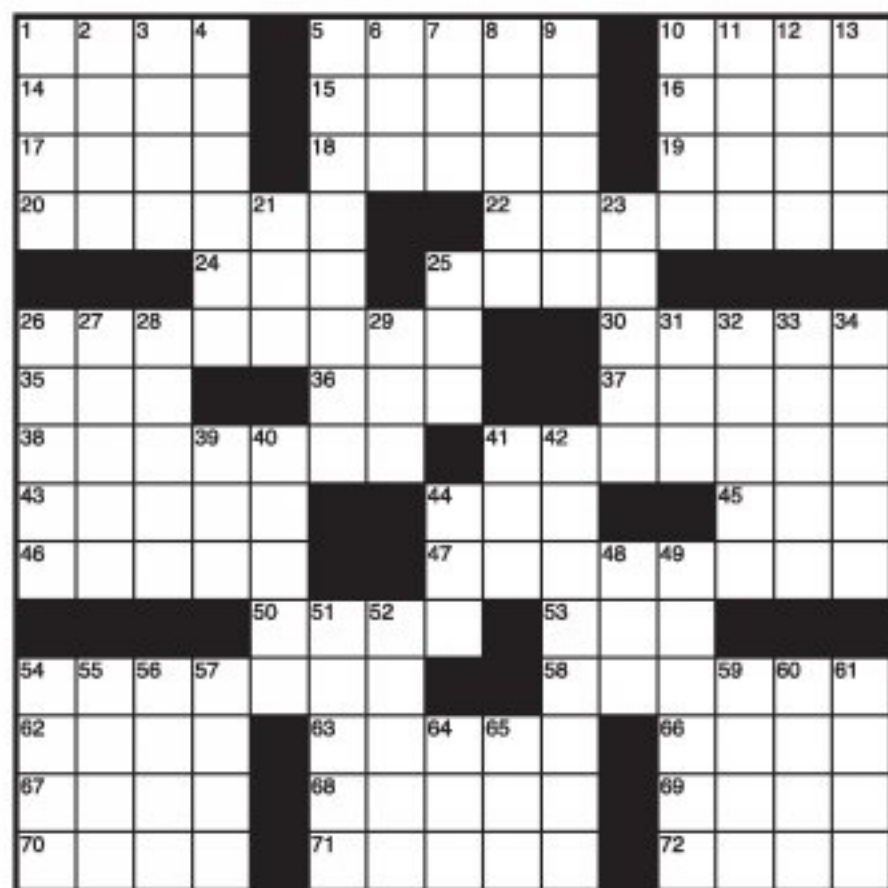
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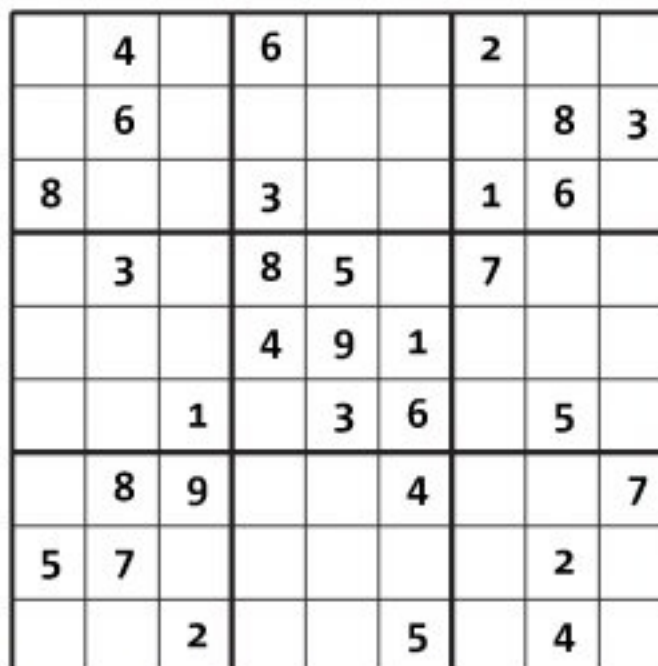
- 1 Bronte governess
- 5 Howdah occupant
- 10 North Woods roamers
- 14 Turnpike
- 15 Circumvent
- 16 Beery or Yannick
- 17 Dry as dust
- 18 Operatic voice
- 19 Cellist Ma
- 20 Prom honoree
- 22 Chided
- 24 Wallach or Lilly
- 25 Tijuana coin
- 26 Football team
- 30 Sonnet stanza
- 35 Tattered cloth
- 36 Roman hill count
- 37 Frothy
- 38 Referred to
- 41 Broom alternative (2 wds.)
- 43 Mold source
- 44 "—-Hur"
- 45 Paris season
- 46 Ring up
- 47 Neared the summit
- 50 Very slow
- 53 Thai neighbor
- 54 Serves (2 wds.)
- 58 Moons' tracks
- 62 Mr. Moto quip (2 wds.)
- 63 Low scores
- 66 Timber wolf
- 67 Short-tailed rodent
- 68 Split to join
- 69 Term paper abbr. (2 wds.)
- 70 Watched carefully
- 71 Charger
- 72 Not often seen
- Down
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- 2 Nostalgic time
- 3 Wet weather
- 4 Swirled around



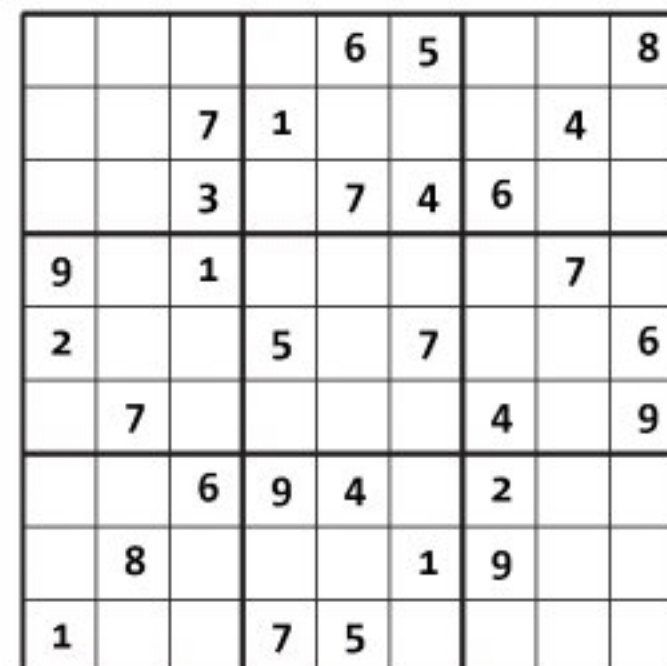
- 5 Fetch
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- 8 Hacienda material
- 9 —-hoping!
- 10 "Paint the Sky with Stars" singer
- 11 Plunder
- 12 Sammy or Danny
- 13 In boots
- 21 Passe
- 23 Helipad sites
- 25 Air-pump meas.

- 26 Clutch
- 27 Mr. Kramden
- 28 Domed residence
- 29 Unburdened
- 31 Bunkhouse item
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- 33 Wax theatrical
- 34 Used a keyboard
- 39 Samovar
- 40 Ocean trenches
- 41 —-Plaines
- 42 Ajar
- 44 Ululate

- 48 Swab target
- 49 More heroic
- 51 Percolates
- 52 Paid homage
- 54 Stadium display
- 55 Crow's-nest cry
- 56 Archipelago dot
- 57 Steel- — boots
- 59 Tad
- 60 Skier's transport (hyph.)
- 61 Only
- 64 Sturgeon product
- 65 Unfold, in poetry



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SUDOKU LEVEL: HARD

Solution to weekend's crossword



How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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Let them eat



- ▶ Carbohydrates are no longer the enemy ▶ A diet high in resistant starch is the latest way to narrow that waistline
▶ Pass the breadbasket please; it's OK, I'm on a diet

'Carb' — this nasty, four-letter word has for too long been associated with glutony and weight gain. It's both the ultimate comfort food and the reason why we shudder at the thought of chewing on a bread roll. Anyone that has sacrificed

hearty bowls of pasta for celery sticks, listen up. "The Carb Lovers Diet", written by nutritionist Frances Largerman-Roth and Health magazine editor Ellen Kunes, maintains that the secret to long-term weight loss is a diet rich in non-refined carbohydrates.

"For 20 years, diet experts and the media have spread the word that carbohydrates are bad for our health, raise blood sugar levels and make us fat," says Largerman-Roth. "So-called healthy diets [Atkins and South Beach] have supported protein-rich plans and to-

tally shunned potatoes, bread and pasta." And yet ...

Carbs are stars

"The Carb Lovers Diet" revolves around eating foods rich in resistant starch, a type of carbohydrate that isn't digested in our small

intestine, leaving us feeling fuller for longer. Calorie consumption is naturally curbed as the starch acts as an indigestible, filling fiber. Eating around 15 grams of resistant starch a day also triggers a fat burning enzyme in the body, increasing your metabolism. It's a

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"Before bariatric surgery, I weighed 336 lbs. I was struggling with Type 2 diabetes, and because of arthritis in my lower back and knees, the simplest activity left me out of breath and out of energy."

"I am now off the medication I used to take for diabetes, I no longer suffer from lower back and knee pain, and my new energy level is unbelievable! I now work out 4-5 times a week, and am able to keep up with my daughters the way I have always wanted! I am living life to the fullest!"



"Nineteen months and 140 lbs after bariatric surgery, I am a new woman!"
— Gloria



Weight loss is only one benefit of bariatric surgery – It can also help improve or resolve pre-existing medical conditions associated with obesity, such as Type 2 diabetes, hypertension (high blood pressure), high cholesterol, polycystic ovary syndrome, obstructive sleep apnea, joint pain and gastroesophageal reflux disease.*

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The carb calculator right for you

Sticking to the plan could have you losing up to 8 pounds in 30 days. This is no pasta party. In the initial 'detox' phase, calories are restricted to 1,200 (average weight loss is 6 lbs.) and gradually increased to 1,600 a couple of weeks later. Men on the plan should add 500 calories on to each phase. Portion control is

a big part of the plan's success, as is one's ability to get over their innate fear of carbs.

"There has been such a carbs backlash, but important research shows that people who ate the most carbs (in countries such as Japan) weighed the less overall and vice versa," says Largerman-Roth. On "The Carb Lovers Diet," people finally get to eat what they crave — stars include green bananas, oatmeal and sourdough bread — just minus the hunger pangs. And the guilt.

ROMINA MCGUINNESS

The diet

Sample a day in the kitchen.

BREAKFAST:

The 'Elvis': toasted rye bread with almond butter and sliced banana. (5.6g resistant starch)

LUNCH:

Pesto Turkey Club: pumpernickel bread, apple

and turkey (2.6g resistant starch)

DINNER:

Baked two-cheese penne with roasted pepper sauce (2g resistant starch).

DRINK:

Fat-flushing, green-tea cocktail. 8 cups of brewed green tea, juice of 1 orange, 1 lemon and 1 lime.

Fear not the penne.

balanced diet where you learn to eat a healthy amount of good fats, protein and fiber. "We want people to eat normally and get the right carbs back on to their plates for good," explains Kunes. When people do eat carbs, they tend to eat the wrong kind. Refined

carbohydrates, such as white bread and pasta, are super junky and immediately converted into glucose, leaving you feeling hungry again two hours later.

ROMINA MCGUINNESS

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The wisdom of Chinese medicine is to use and optimize the resources of the human body and allowing it to 'do the job.' "Facial acupuncture works from

within as it accelerates the anti-inflammatory activity and removes accumulative toxins from the skin," explains Tsagaris.

"By using a half-inch

Ditch the two-in-one

"Never buy a cream that already contain SPF, as it has a life span of maximum 30 minutes — so by the time you've made it out of the house, all protection is gone. Have a separate SPF sunblock you can re-apply throughout the day."

JOHN TSAGARIS, SKIN EXPERT

prick, thin needle on the face (up to 180) and penetrating all layers of the skin, we are releasing huge chemical reactions and ultimately changing the skin's architecture, addressing the loss of facial volume and preventing the formation of wrinkles and fine lines."

"If you go lifting weights in the gym, the next day you will be in pain as what you have torn and broken muscle fibers," continues Tsagaris. "The body is designed to prevent further injury by self-improving, so after a day



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Three things ...

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1 Sugar: It's downright terrible, since it creates a chemical reaction called 'glycation' that breaks down collagen and degenerates skin. It's also an inflammatory, causing irritation.

2 The sun: It accelerates an enzyme reaction in the skin that breaks down collagen and causes our skin to become loose and wrinkly.

3 Lack of oxygen: Our skin loves oxygen, and unfortunately the atmosphere does not contain the same potency as it used to.

or two, the broken fibers will be replaced by bulkier ones as your body prevents further injury."

With acupuncture, the needles going into the face trigger the skin to go into "healing" mode. Inserting them breaks down old, dry and dehydrated collagen fibers and the skin responds by sending tremendous amounts of anti-inflammatory agents, red and white blood cells and oxygen to cope with the "injury." On a mechanical level, acupuncture reconstructs the fiber network of the skin and

enables the broken fibers to be replaced with plumper ones to protect from injury.

It also boosts the production of collagen to tighten and smooth the skin, creating a firm and radiant complexion and enhancing skin tone.

The biological cycle of skin cell production is approximately 28 days, but with age this turnover becomes lazy and skin renewal is less frequent. Facial acupuncture accelerates the tempo of this biological response.

● ROMINA MCGUINNESS

Advertorial

Now's the time to get feet in shape for sexy spring shoes

With shoe designers proclaiming new spring and summer styles "the sexiest shoes in years," there's no time like right now to get feet in shape for the revealing new looks.

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3

Quoted



"As soon as you leave the ballpark, they don't care about you any more. They don't. The monuments, the statues they have for you, they [urinate] on it when they are drunk. That's what they do."

WHITE SOX MANAGER OZZIE GUILLEN, TALKING ABOUT CHICAGO FANS IN A RECENT CHICAGO TRIBUNE STORY

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FROM PHILLY?MAKING SENSE OF
THE NBA PLAYOFFSPHILLIES COULD
HAVE FULL LINEUP BY
END OF WEEK

Opinion

ANGELO
CATALDITHE VOICE OF THE
PHILLY SPORTS FANFRAUDS CAN'T
COMPARE TO
WILT THE STILT

A debate that has infuriated me for years flared up again, and it must end this minute. The greatest basketball player of all time is not Michael Jordan. And there is no chance LeBron James will challenge for that honor.

Metro does not endorse the opinions of the author, or any opinions expressed on its pages. Opposing viewpoints are welcome. Send submissions to letters@metro.us.

The greatest player is a man who grew up right here in Philadelphia, set records that have never been approached in high school, college and the NBA. He had more star power than Jordan, James and all other pretenders combined. His name is Wilt Chamberlain. Write it down, so we don't have to engage in this silly conversation again.

In fact, don't bother to write it down. Just get your hands on the NBA record book and read it. Then send a copy to Scottie Pippen, the former Chicago star who set off the latest controversy when he suggested that James could challenge Jordan for the honor of greatest player in the next few years.

The only honor James can challenge Jordan for is runner-up — and a distant one — to the late, great Big Dipper. Wilt the Stilt never finished second in anything, and he's not about to start now, 12 years after his death. There is no way in this limited space to establish just how dominating Chamberlain was. He is the only player ever to win ti-

Quoted

"The greatest basketball player of all time was, is and will always be Wilt Chamberlain."

ties for scoring, rebounding and assists. He was a champion on two different teams, he is the only player to score 100 points in a game, and he once averaged more minutes per game (48.5, counting overtimes) than there are in a regulation contest.

And if you're looking for some sign of his lasting impact, just cast your gaze into the painted rectangle in front of every basket. That area was created a half-century ago in a fruitless effort to lessen Chamberlain's dominance.

I am a sports fan today because of Wilt Chamberlain, whom I saw play in person one time when I was a kid. I never took my eyes off him after that, both in times of triumph and turmoil. He was the greatest athlete I've ever seen or probably ever will.

I finally got to meet him for an interview in 1991, when he was touring for an autobiography claiming he had slept with 20,000 women (also a record, I'm sure). He was everything these other frauds could never be — fascinating, unpredictable, controversial, funny.

So let's end this insulting debate, especially in Wilt's hometown. The greatest basketball player of all time was, is and will always be Wilt Chamberlain. And if you believe otherwise, you're either too young or too dumb to know any better.

— Angelo Cataldi is host of 610 WIP's Morning Show, which airs weekdays 5:30 a.m. to 10 a.m.

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▶ Valdez

One-hit
wonders

When Wilson Valdez retired the middle of the Cincinnati order in the 19th inning, he became the latest in a long line of forgettable athletes who claimed a legacy with one shining moment.

Valdez will be forgotten as a player, but remembered as the first person in 90 years who started a game as a position player and ended it as the winning pitcher. The last one to achieve this distinction was Babe Ruth. Imagine that. Babe Ruth and Wilson Valdez, linked for eternity.

Armando Gallaraga will always be the pitcher who lost a perfect game because of a bad call by Jim Joyce. Bill Buckner

will always be the first baseman who bungled an easy ground ball and cost the Red Sox a World Series. And Randall Simon will always be the player who slugged a woman dressed as a sausage in the nightly pork races in Milwaukee.

Is it better to be remembered for one moment than not to be remembered at all? I asked that question to Ben Davis, on the 10th anniversary of his decision to bunt in the eighth inning of a perfect game by Curt Schilling.

He said he had no regrets because the hit brought the tying run to the plate. For Valdez, it wasn't just a game that triggered a winning streak — it was a chance to stand with the greats, at least for one night.



▶ Chamberlain's greatness can never be matched.

GETTY IMAGES

Expect
football in
early July

Here's a bold prediction as we ponder the prospect of a year without the NFL: The lockout will end in July. What we are all experiencing is nothing more than a false alarm.

No, I don't have any secret sources. What I have is a brain, and the logic says the players are not going to sacrifice a season of their already brief careers to save the face of a union president, DeMaurice Smith, who has already doomed them to failure.

Smith's decision to let the courts decide the fate of the lockout is a disaster, and he knows it. The court hearing this week is a formality. The judges have

signaled to the players that they won't win their legal bid to end the lockout. So why haven't they returned to the bargaining table? Because Smith's ego won't let them.

As the weeks pass in June, you will hear more and more players distancing themselves from Smith and his losing strategy. Either he will be fired, or they will force him to stop chasing shadows and carve out a new deal.

So, based on this thinking, here's what will happen: The players will abandon the court battle in the next few weeks. Then they will take the best deal they can. Estimated date of agreement: July 7. There will be a full season. There will even be a full slate of preseason games. Everyone will get richer. You read it here first.

Idle thoughts from Cataldi ...

1 **Patience is a virtue.**

Chris Pronger said last week, with a straight face, that he wasn't always this patient with the media. The Flyers' defenseman — who snarled during the playoffs that his physical condition was "none of your business" — either has an incredibly short memory or a captivating sense of irony.

2 **Bring a sleeping bag.**

The most amazing thing about that 19-inning win over Cincinnati last week was that Kyle Kendrick, J.C. Romero, David Herndon, Danys Baez and Wilson Baez combined for nine-and-a-third shutout innings on one hit. In other words, the Reds' hitters must have been really tired.

3 **Laughing out loud.**

Is there a more entertaining story right now than the Mets' troubles, both on and off the field? Last week, owner Fred Wilpon insulted the three biggest stars on the team, then sold a piece of the Mets for \$200 million. Couldn't happen to a better team. (Except the Cowboys, of course.)

Phils racking up division titles by beating up on the little guys

► Dominance in NL East — especially vs. Nationals — has led to four straight crowns ► Rival Braves tend to play down to competition ► Team earns 5-4 win on Memorial Day ► Improve to 6-1 vs. Nationals this season

If trends hold true, the key to winning the NL East is beating Washington.

That's good news for the Phillies, since they treat the lowly Nationals like a punching bag — and the rival Braves can't keep up.

When asked what the Braves' record against the Nats is since the Phillies' division series championship run commenced in 2007, Atlanta catcher Brian McCann guessed.

"I would say around .500," McCann said.

Pretty close. The Braves are 39-41 against the Nationals since 2007.

"We just never seem to

Secrets of success

You have to beat the teams in your division to win titles, and the Phillies have done that. They are 6-1 vs. Washington this season.

► Since 2007, Phils have gone 41-31 vs. Atlanta; 39-33 vs. Florida; 40-32 vs. N.Y. Mets; and 57-22 vs. Washington.

► "I guess we just match up really well against the Nationals," pitching coach Rich Dubee said. "That's good when that happens, because you need to win as many games as possible."



► Chase Utley tags out Jayson Werth in the Phils' 5-4 win yesterday in D.C. Ryan Howard and Raul Ibanez homered.

On TV today

Phillies at Nationals,
7:05 p.m. (CSN)

play that well against the Nationals," McCann said. "I don't know why. That's just the way it's been, and it's hurt us."

The Phillies are an astounding 57-22 against Washington since 2007. Those extra wins have been the difference between winning and losing division titles.

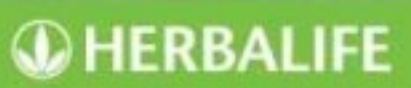
"Every game counts no matter what anyone thinks," Shane Victorino said. "We have to beat the

Nationals just like we have to beat the Braves or anyone else. You get credit for the win, and the wins add up."

In three of the last four seasons, the Braves have finished six, seven and five games behind the Phillies in the NL East race.

"That's been the difference between us and the Phillies," McCann said. "But that's the Phillies for you. They play well against everybody. But, apparently, they really play well against the Nationals."

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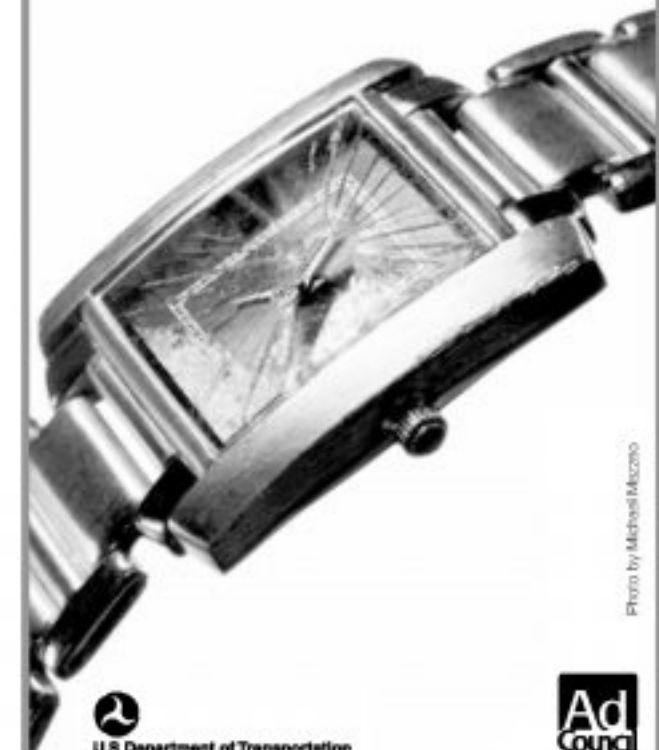
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Stopping the Sedins

► Bruins' key to first Stanley Cup since 1972 is slowing down two-headed offensive monster
► How the twins play could very well decide champion ► Finals begin Wednesday (8 p.m.)

The Bruins have packed plenty of offense into their Stanley Cup playoffs run.

But even though Boston has scored more goals (58) than its finals opponents from Vancouver (51), the Canucks have something the Boston does not.

The Sedin twins.

Henrik Sedin leads the league with 21 postseason points (two goals, 19 assists). Daniel Sedin has 16 points (eight goals, eight assists) after topping the NHL in regular-season scoring.

Is Boston ready for that?

"In the first series, it was [Tomas] Plekanec and [Michael] Cammalleri and [Brian] Gionta and those guys," defenseman Dennis Seidenberg said. "Second,



► The Sedin twins are a nightmare matchup for any defense.

it was Philly with one of the highest-scoring offenses during the regular season. And last series, we had [Steven] Stamkos, [Vincent] Lecavalier and [Martin] St. Louis.

"So I'm sure we're well prepared for what's going to come at us."

The Sedins managed just two shots between them in the lone regular-season meeting of the teams, a 3-1 Bruins win on Feb. 26. But that's not giving Boston a false sense of security.

"Obviously they're very dynamic," Bruins forward Mark Recchi said. "They have little plays all over the place. Their whole line, they play very well."

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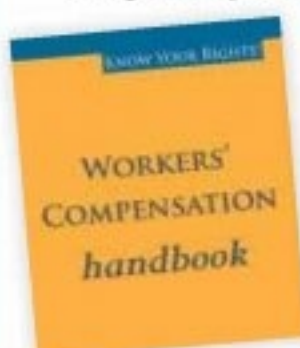
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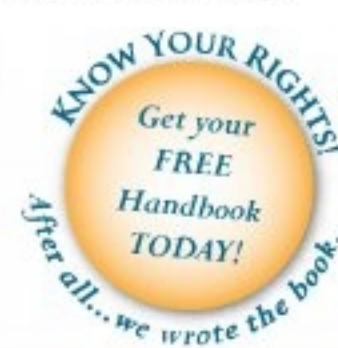
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► Tressel led Ohio State to a national championship in 2002.

Ink stink: Tressel resigns over tattoo-parlor scandal

Apparently, the price of tattoos has gone up.

Ohio State football coach Jim Tressel stepped down yesterday in the wake of a tattoo-parlor scandal. Assistant coach Luke Fickell will take over as interim coach next season.

"After meeting with university officials, we agreed that it is in the best interest

of Ohio State that I resign as head football coach," Tressel said in a statement released by the university. "The appreciation that [wife] Ellen and I have for the Buckeye Nation is immeasurable."

In 2002, Tressel led the Buckeyes to their first national title in 34 years.

Tressel's resignation —

\$3.5

Tressel's contract was worth \$3.5 million per season through 2014. Ohio State is not required to pay him or provide benefits after his resignation.

first reported by The Columbus Dispatch — comes three months after the university announced a five-game suspension and \$250,000 fine for the long-time coach.

Five players from last year's team, including QB Terrelle Pryor, traded memorabilia and autographs for cash and tattoos. **METRO**

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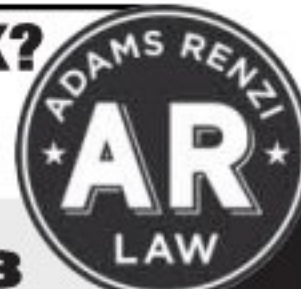
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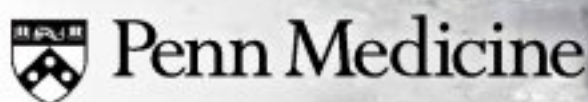
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Do you have problems with heroin, OxyContin®, Percocet®, morphine or other opiates?

The University of Pennsylvania Center for Studies in Addiction is conducting research aimed at helping you deal with your opiate habit. This is a research study to find out if psychosocial treatment and the medication Naltrexone can help people remain free of opiates.

Participants must be:

between 18-60 years of age and have a current or past criminal justice history

Participation is confidential and compensation for time and travel will be provided.

For more information contact Tammy at (215-746-7296)



Psychiatry and Human Behavior
Thomas Jefferson University

Depressed?

Symptoms may include sadness, difficulty enjoying things, changes in sleep and appetite, and decreased energy

A research study at Thomas Jefferson University's Mood Disorders Program is evaluating a potential treatment for clinical depression that has not improved sufficiently with an antidepressant.

Enrolled participants will receive:

- Evaluations, study drug, and monitoring at no charge
- Compensation at each visit for time spent and travel expenses

For more information, call Matthew at 215-503-2833

+ RESEARCH & WELLNESS - Research Study for Depression +

SAD & BLUE? TIRED & IRRITATED? LIVING WITH DEPRESSION?

A CLINICAL RESEARCH OPPORTUNITY

If ongoing symptoms of depression are keeping you from enjoying the activities you enjoy, take part in this clinical research study. Health insurance is NOT required.

COMPENSATION OF UP TO \$50 PER VISIT
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Call: 866-581-6535

Or visit: www.YourDepressionStudy.com

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Temple University is seeking people who:

- want to lose weight
- sleep less than 7 hours a night
- are between 18-65 yrs old
- do not have diabetes
- do not smoke
- are available for 18 study related visits at CORE

Compensation is included

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Alicia: (215) 707-8658

This information is approved by Temple University for public display and is associated with project TIRB11935

Gary Foster, PhD Temple University, The Center for Obesity Research and Education
3223 N. Broad St. Suite 175 Philadelphia PA 19140

Taking on major depression one step at a time

Are you struggling with depression?

Have you taken an antidepressant but still feel low, lack of interest in life, sleep badly, and feel tired every day?

If the answer to these questions is yes, and you are a healthy adult (18-65 years of age), you may be eligible to join a major clinical research study looking at a new study drug for depression.



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++++ Clinical Research Opportunity +++++

PRESCRIPTION PAIN MEDS GIVING YOU CONSTIPATION?

If you or a loved one is struggling with constipation possibly caused by prescription pain medication, take part in this clinical research study.

Take this opportunity to explore your possible treatment options by learning more.

Call: 866-230-8333

Visit: PainAndConstipation.com

Are you a non-pregnant female 18 years of age or older?

Interested In Participating in a Research study?

Are you in between menstrual periods and not currently experiencing spotting or vaginal bleeding?

If you answered "yes" to both of these questions, you may be eligible to participate in a research study.

Participants will have two Pap samples collected and will be compensated for their participation

For Further Information, please contact Tonya McDaniel, Study Coordinator at

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AND

Are you SMOKING cigarettes but WANT TO QUIT?

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Financial compensation up to \$485 is provided for eligible persons.

Call today!



Penn Medicine

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UPenn Center for the Treatment & Study of Anxiety

Want to Cut Down on your Drinking?



The University of Pennsylvania is conducting a research study of an investigational medication in order to determine whether it will help reduce drinking.

If you are between the ages of 18 and 65 and have a desire to reduce your drinking, please call 215-243-9959, you may be eligible to participate in our alcohol study.

For more information, please call

Treatment Research Center

215-243-9959

Penn Medicine

thailand

► For an urban experience in Thailand, most tourists make Bangkok their default destination ► But in-the-know travelers hit Chiang Mai ► This enchanting, small city has all the amenities of city life (food, bustling streets and culture) but without the terrible congestion and overcrowding that mars a visit to Bangkok

Change it up in Chiang Mai

PHILIPPE HUGENIAFF/GETTY IMAGES

Elephants!



They're big in Thailand

Chiang Mai has a money-making industry revolving around elephants. Sadly, some operations are completely exploitive. Luckily, a trustworthy experience can be had at the Patara Elephant Farm. Learn all about the majestic beasts with the "elephant owner for a day" program, where you spend the day feeding and cleaning "your" elephant. Then, learn how to ride it for an adventurous trek through the steamy jungle. www.pataraelephantfarm.com

What to do

The great thing about Chiang Mai is that unlike Thailand's tourist-soaked beaches, it offers a look at Thai living without the gloss of corporate tourism. You can spend hours just walking along the ancient, crowded streets of this walled city. Be sure to visit a few of the Buddhist temples (there are over 300), but be mindful: These are "working" temples to serve the local Buddhist community, so be respectful of local customs.



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Where to stay



Tamarind Village

With jasmine-scented rooms, tree-shaded courtyards and cool breezes, Tamarind Village is a luxurious, yet down-to-earth, place to stay. It's such a serene oasis, it's hard to believe the bustling streets of Chiang Mai lie just beyond its walls. The friendly, attentive staff

will help you plan outside excursions — but it's highly recommended that you tag along with them for their daily Tam Boon Tak Baat or "making merit" ceremony, where you offer food to local monks and they bless you in return. For an intimate insider's view of the city, there's also complimentary walking tours of local attractions. www.tamarindvillage.com



What to eat

Street food is plentiful in Chiang Mai (it's also safe — just be sure it's cooked in front of you to alleviate all doubt). Best of all, you can have an entire feast of noodle dishes, drinks, desserts and exotic fruit for just a few bucks.



What to buy

Chiang Mai is famous for its street fairs and markets. Grab souvenirs and dinner at the Chiang Mai Night Bazaar, located in the heart of the city, any night of the week. But the Sunday Market is a can't-miss institution. Thais and tourists alike pack the streets, cheerfully haggling for the best price on Thai nicknacks and clothing well into the evening hours.

Culinary holidays in Provence

► With a food history as richly varied as its produce, Provence is the ideal place to expand your culinary repertoire by signing up for some French cooking lessons



► Let the beauty of Provence be your background while you learn the French way of cooking.



► Cooking with friends:

Treat yourself to a week of classes in Julia Child's old kitchen under the guidance of Kathie Alex. Weathered copper pots dangle from hooks over the workstation where Alex studied with Simca Beck (famed co-author of "Mastering the Art of French Cooking"). The course of classic favorites starts with Sunday dinner and ends with Saturday breakfast, with cooking classes in the mornings and free time in the afternoon. www.cookingwithfriends.com

► Les Petits Farcis:

Longtime food-writer Rosa Jackson runs market tours and cooking classes in the heart of Nice's Old Town. Classes begin at a cafe facing the market, before an informative tour during which Rosa picks up seasonal produce from small farmers for the day's class. Then it's a short walk to her 17th-century apartment, with lessons in traditional Nicoise cooking, www.petitsfarcis.com



which has a strong Italian influence.

► Provence cooks:

Madeleine and Erick Vedel run two separate businesses: Madeleine's hiking and biking tours with a focus on food and local artisans, and Erick's one-day cooking classes. Their location in Avignon means that they have access to the finest produce, seafood and Cotes du Rhone wines. www.cuisineprovencale.com

► Mas De Cornud:

Nito Carpita and her personable husband David run this cooking school and country inn where you can come on a Wednesday for a market tour, cooking class and lunch — or instead, sign up for several days of cooking lessons. Nito regularly brushes up her skills at professional schools all over the world and her kitchen has 10 well-equipped workstations. The focus is on traditional Proven-



cal cooking, and guest chefs have included the likes of Jacques Pepin. www.mascornud.com

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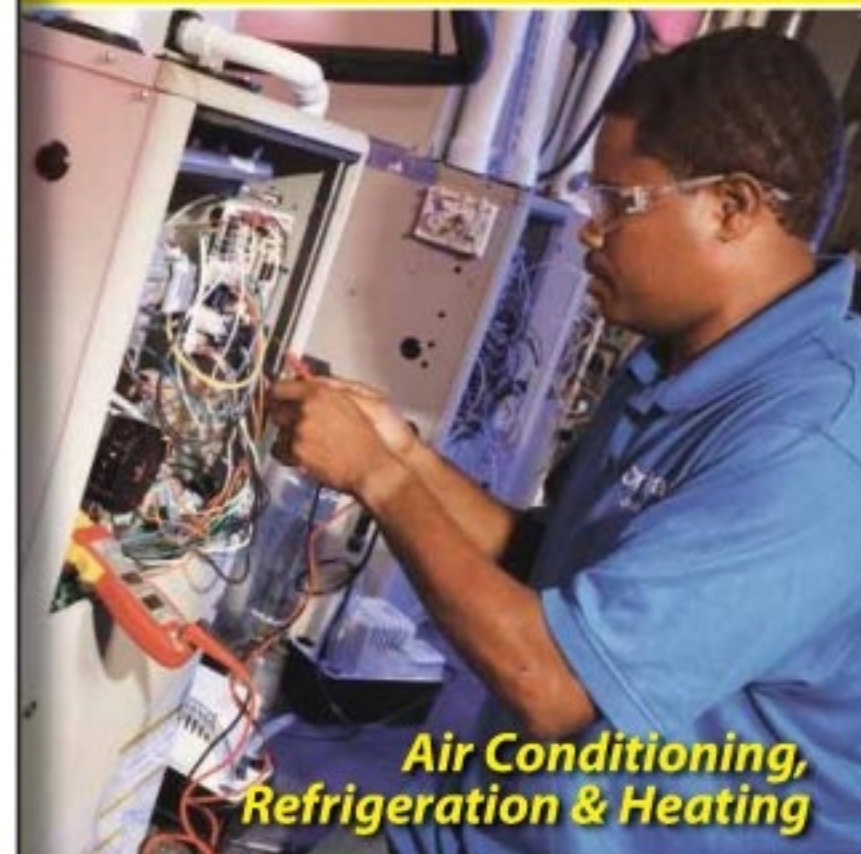
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